AGE Concern WINDSOR





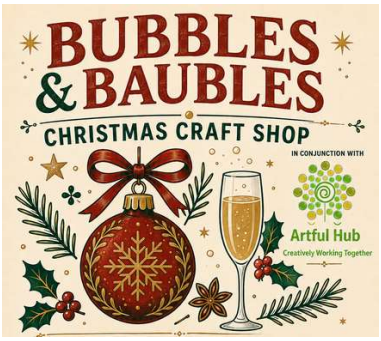


Hi there,
Welcome to anyone who's joined us this month I hope that you find this newsletter useful. Any suggestions of what to include or things that you'd like to see in the area, we would love to hear about them. Your wish is our command, well not quite, but the idea is sound. We're here to help you get a more enjoyable and fulfilling life.
It's been a busy month of Birthdays, three lovely ladies and one gent celebrated significant birthdays this month. It was fantastic to see them turning up specially to see their friends and celebrate with us. Cake all round.
Cooking for Fun is back next week, Tuesday 10th November 13:30-15:30. While this will not be running in December we will be running it in January 2027. So if you're interested then do let us know.

Natuarlly December is packed with fun events so please see below. Just quick mention of our Community Breakfast on the 14th of November. Everyone is welcome to join us, bring the family, friends, neighbours, and enjoy a lovely cooked breakfast. We're love to hear what people would like to see happening in the area and this would be the perfect opportunity to do this. So please pass this along to anyone you know who might be interested.
Naturally we have craft sessions coming up the next one is on Tuesday 17th November and then 1st December lastly there's Bubbles and Baubles that is happening on the 3rd of December 18:00- 20:00 so if you like to make you own decorations this is the session for you. You do need to book so please get in touch.

Don't forget we have a calendar of events that we feel the over 55's might like or enjoy on our website.
Age Concern Windsors' Community Calendar
If you are receiving this from a friend or colleague you can subscribe to this monthly update by following this link *" Subscribe "*

News and Events



Bubble and Baubles
Thursday 3rd December 18:00-20:00
If you like doing craft, love homemade decorations or just want to do something a bit different then come and join us for Baubles and Bubbles. Unleash your festive creativity and make your own beautiful Christmas decorations in this relaxed, hands-on workshop—with bubbles, seasonal cheer and plenty of inspiration included.

You will be decorating a large and normal size baubles. Refreshments will be available, collaboration and helping each other is expected so if you want to make one set between two then we can do that too. £35 per person or per baubles set.

For more information call the Artful hub on 07513 326453

To book either please calling us on *01753 860685* or email *info@ageconcernwindsor.org.uk*



Community Breakfast

After our previous brunches and entertainment we felt it would be good to get to know our neighbours. Many of them have used our centre for parties, come to a sale but this time there will be , breakfast baps, bacon rolls, full English or pastries and continental. £10 per per person.
Please book so we can make sure there are enough food for everyone.

To book either please calling us on *01753 860685* or email *info@ageconcernwindsor.org.uk*



Christmas Carols

We're looking forward to a packed season of events starting with Carols on 1st December. We will have a Brass Ensemble to help keep you in tune and they will play a few Christmas pieces to give you a rest from singing Carols. This is a popular event so please let us know if you are intending to come. It starts at 16:00 and finishing about 18:00. There will be a few nibbles, and refreshments.

And they may be a visit from someone in red. You never know. £10 pp.

For more information call 01753 860685



Arts and Craft Afternoon

We have organised to some free arts and crafts group/ sessions. The Artful hub based at Slough Museum are running a number of different craft session on Tuesday afternoons for us The first one is Tuesday 15th September 14:30-16:30 and it will be free. The Artful Hub have been running craft sessions for many years in Slough and do a wide range of different things. They have also done a few on Saturdays at our Centre. At the First session you will be making Button Hearts. All the crafts are easy and can be done with no previous experience.

Refreshments will be available and the aim is to have fun and be a bit creative.
Upcoming sessions are on Tuesdays 17th November, 1st December, 12th January 2027, 23 February, 2 March, 20th April, 25th May and 22 Jun.
For more information about the crafts please call the Artful hub on 07513 326453

The Artful hub will also be running sessions on Saturdays as well so if the Tuesday afternoon doesn't work for you then why not try these dates. Saturdays 21st Nov, 5th Dec, 16th Jan,27 Feb, 6 Mar, 24 April, 29 may and 26th Jun. These sessions are family friendly and free so if you have grandchildren who would enjoy this then consider coming with them.

If you'd like to come on a Tuesday but need transport and live in Windsor then we may be able to help so please get in touch.

Please book so we can make sure there are enough materials for everyone.

To book either please calling us on *01753 860685* or email *info@ageconcernwindsor.org.uk*





Social Groups

Social Lunches are the 1st and 3rd Tuesday of the month

Tues 3rd & 17th November11:30-13:00.* These are wholesome two course lunches with a variety of different meals. Cost is £10 pp and Transport for those living in Windsor can be arranged, First come first service basis. £10 return. Please note that on some Tuesdays you may be able to craft after lunch.
The first lunch in December on the 1st will not be happening as we are holding an afternoon of carols.



Quiz Afternoons

These are light-hearted quizzes on the 1st and 3rd Tuesday 13:00-14:00 and can be joined without attending the meal. £1 for the quiz and £1 for refreshments. Lots of lively chatter and fun to be had and you can join these even if you haven't had lunch with us. Like wise the afternoon quiz will also not be happening on teh 1st. However the craft i s still going ahead.



Silver Social Club Wed-Fri 9:30-14:30

This month we have been enjoying a carnival feel in the centre, making masks, dining some mocktails, keeping cool with a foot soak. lets not forget that some ladies had their nails painted as well as some bingo and quizzing.
We bring a social feel to the day with morning coffee and chat before settling to a morning activity, three course lunch and then afternoon activity. We always have a loose theme to help plan activities but sometimes it's just where the mood takes us. Too hot and we're in the garden for ice cream. Feeling energetic and it's balloon tennis, skittles or bean bags games. The current heat means we are not so active but quizes, craft, jigsaws are all popular, as well as sitting in front of a fan.

To engage with this service you need to book an appointment with one of our friendly staff to talk through what you are looking for and if it will suit you.

Best times to visit are 10:30 and 13:30 Wednesday through Friday, to book a visit please call 01753 860685 during office hours or email info@ageconcernwindsor.org.uk

Sunday Lunch Club is on the 2nd Sunday of the month.
8th November & 13th December 10:30-14:30 £15 per head.
These meals tend to be a little indulgent with things like prawn cocktail, poached eggs, pate and cracks for starter, all types of roast meat or lentil roast or frittata and then desserts such as cheese cake, Eton mess, lemon meringue pie etc. IN December we will be having a festive meal but not the Full Turkey with all the trimmings as we feel that yo may have had a lot so turkey and something different would be welcomed.

Don't forget carers and family are welcome no matter their age or number. Please book by call us on 01753 860685





Afternoon Tea with Tunes on the 4th Tuesday of the month
24th November, 22nd December 13:00-15:00 £8 per head

Naturally in December the Afternoon Tea will have a selection of Christmas treats, you may even get pigs in blankets alongside mince pies, scones and cake. The entertainment will include Christmas songs however will not include carols as we are holding Carols at Christmas on the 1st of December. Most dietary requirements can be met with some advance warning including some very nice gluten free options.

Transport for those in Windsor can be provided on a first come first served basis. Bookings is essential, please call, email or speak to one of the staff and please remember that we are not open on Mondays so booking by the Friday for Tuesdays. Carers, friends and family are welcome to come along if you don't want to come on your own. 01753 860685

Support Services

Meals on Wheels



The Meals on Wheels will be running up to and including the 23rd of December when the service will stop for Christmas Week, First delivery in the New Year will be 5th January 2027. This service runs 4 days a week, Tuesday through Friday with a variety of different meals including things like a roast dinner, Beef Stroganoff, minted lamb, beetroot burger, four cheese tortellini, veggie lasagne etc. Desserts can be things like pineapple upside down cake, Alabama fudge cake or fresh fruit.
We also do fun things like pies on National Pie day and Sweet and sour Chicken for Chinese New Year.

Most dietary requirements can be accommodated and if you want fresh fruit with every meal you can. Likewise if you don't like carrots we substitute with something different.
We are still able to give a discount to those on income or disability benefits. £8.0 full price and £6 discounted. Proof of entitlement is required. We are happy to accommodate short term needs and it can be booked over the telephone.

Handy Person

We are very pleased to say that we now have a Handy persons service available in Windsor. We are working with with Age UK Berkshire to run this service that can carry out a range of small household repairs and minor adaptations such as:

- Fitting window and door locks and other security items
- Fitting smoke and CO2 detectors
- Changing light bulbs and replacing small electrical fittings
- Replacing tap washers and carrying out minor plumbing works
- Fitting grabrails and handrails
- Fitting key safes and intercoms
- Draught proofing windows and doors
- Fitting phone extensions
- Carrying out a range of minor repairs -please ask us for details

Handypersons services are booked by contacting Age UK Berkshire who will discuss with you what is needed and if it can be done by this service. They will then book a Handyperson to do this work. This is a chargeable service for residents of Windsor who are over 50 years old, however if you are a vulnerable adult under 50 then please give us a call and we may be able to assist you.
Please contact Age UK Berkshire on *0118 9594242* or email *info@ageukberkshire.org.uk*





What's going on in and around Windsor

We have a Community Calendar on our Website so if you're looking for something specific then please take a look and see what's coming up. *Community Calendar* if you have something you'd like to add or a correction to an event on our calendar then please let us know.

Social Groups /Events



Ascot Memory Morning.

Avery Health Care who runs Ascot Grange Care home are running a memory morning at Ascot United Football Club. This is a relaxed and friendly coffee morning, where they invite you and your loved one to come along for a chat, a cuppa, and a chance to connect with others who understand.
Each session will include an hour activity, e.g. art or exercise. We ask that all attendees must be accompanied by their carers for the duration of the session.
These sessions will be held at Ascot United Football Club, Winkfield Road, Ascot, SL5 7LJ.
Third Wednesday of the Month | 11am - 12.30pm

If you have any questions please call Gill Bonham on
01344 377524 or email Gill.Bonham@averyhealthcare.co.uk



Ravine 17 Café

Newly opened this café hosts a number of different groups including this one SECOND FRIDAY OF THE MONTH. Time To Create is back in the Warehouse Space every second Friday of the month - so join us again for some creative fun.
Drop in for a coffee, enjoy some mindfulness, be inspired and have a bit of fun too - whatever your level of creativity, you are welcome. You can bring your own project, or our organisers will always have something for you to try.
If that doesn't float your boat there is also Wellness Wednesdays or Midweek Music. All at the café on the Dedworth Road.
For more information on the groups that they run please see there website. *Here*

Groups for those with more Care needs

Dementia Care Advisors

They provide a point of contact for advice and support for those with a diagnosis of Dementia. You can contact them direct on tel: 01628 683715. They also run a number of drop in session in the area and are starting a new one in Windsor at All Saints Church, Dedworth Road on the last Thursday of the month 10:30-11:30. This session is in partnership with Young People with Dementia and is open to anyone who has been or is affected by Dementia.

Organisations and groups where you can find support

Hospital Transport by People to Places

We often get asked by people about how are they going to get to a medical appointment or to hospital appointments so I am very pleased to say that People to Places now have a dedicated hospital transport service. It supports those with limited mobility and can take people to a variety of hospitals regardless of your home address but within reason. Hospitals currently in the scheme are Wexham Park, Royal Berkshire, Heathwood, St Marks Hospital, The Princess Margaret Hospital, Upton Hospital , Kind Edward vii Hospital and Bracknell Healthspace. Please see *their website for more details*

Windsor Talking Newspaper

The talking newspaper collates news times from all over RBWM and records the storied on a usb stick to deliver. This service is free of charge and can be accessed by contacting them at info@windsortalkingnewspaper.uk or signing up on their *website*

Information and advice, help and support with benefits.

Age UK Berkshire can provide support for enquiries regarding benefits, help and support within the area. Call *0118 95994242* email *info@ageukberkshire.org.uk*
Maidenhead and Windsor Citizens Advice can also help to book an appointment, ask a question then call *03444 111 444*

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