



Hi there,

It is really beginning to feel like spring and such a relief that the rain has stopped and the sun is shining. The start of the year has felt really slow so it is nice to see more people joining in. We feel we have something for everyone, with craft, mens groups, cooking social, quiz afternoons and entertainment so please pass this on to anyone looking to get out and don't forget we have a calendar of events that we feel the over 55's might like or enjoy on our website.

[Age Concern Windsors' Community Calendar](#)

If you are receiving this from a friend or colleague you can subscribe to this monthly update by following this link ["Subscribe"](#)

Just in case the newsletter is a bit late next month all out services will be closed on Good Friday, 3rd April.

[News and Events](#)



Replacement Dishwasher

While it might not be the most exciting news for you, items such as the dishwasher are vital pieces of kit to enable us to run our services. Cost of a new one with fitting is approximately £3500 and when things are tight it can take a long while to spare some cash. We are pleased to have the financial support of Mobbs Memorial Trust and Englefield Charitable Trust to enable us to by a new unit. This will replace the 10 years plus reconditioned unit we currently have.



Mens Breakfast

We're looking forward to our next one on Sunday 22 March. The Centre will be open 10:00-12:00 for a cooked breakfast, chat and socializing. Cost is £10pp. Most dietary requirements can be met if organised at the time of booking. The plan is that in April we will be holding it on Saturday 25th April to see if this works better for people.

Please book either by calling us on [01753 860685](tel:01753860685) or emailing info@ageconcernwindsor.org.uk



Price increases

We find it very sad when we have to raise our prices however the rising cost of pretty much everything means that this year we will be doing so. This has been thoroughly discussed to enable us to make the most reasonable adjustments to enable us to continue running all our services. This means that as of 1st April this year :

The Days Service will cost £28 per day for non-members £25 for members

Membership will increase to £30 a year. (Still a great saving if you come every week)

Our Sunday Lunch increases to £15 pp

Afternoon Tea with tunes increases to £8 per person

Everything else is going to stay the same.



Sarah Runs a Marathon

While many of you will have met Sarah at our Centre you may not know that she is running the London Marathon this year. We are so proud that she has chosen to take on this challenge as she freely admits she's not a runner. Her training is now increasing with her first ever half marathon is just around the corner. The London Marathon on the 26th of April 2026 and what better way to encourage her than to sponsor her. She has just passed £500 raised but would love to get to £1000 by the time she runs.

To encourage Sarah and help us you can [sponsor her here](#)



Brunch

In a change to the advertised Brunch we will be holding it on Saturday 18th April 10:30-13:00. You wouldn't want to miss out. Naturally there will be cooked and continental breakfast available as well as the fantastic Gary Roman singing for us.

For more updates and upcoming events please follow us on Facebook or X



Social Groups

Social Lunches are the 1st and 3rd Tuesday of the month

Tues 3rd and 17th March, 7th April 11:30-13:00.* These are wholesome two course lunches with a variety of different meals. Cost is £10 pp and Transport for those living in Windsor can be arranged, First come first service basis. £10 return.

Quiz Afternoons

These are light-hearted quizzes on the 1st and 3rd Tuesday 13:00-14:00 and can be joined without attending the meal. £1 for the quiz and £1 for refreshments. Lots of lively chatter and fun to be had and you can join these even if you haven't had lunch with us.



Sunday Lunch are on the 2nd Sunday of the month

April 12th 11:30-14:30 £15 per head.

The Sunday lunch is always nice treat with a three course roast dinner. meal They tend to be a little indulgent with things like prawn cocktail, poached eggs, pate and cracks for starter, all types of roast meat or lentil roast, frittata and then desserts such as cheese cake, Eton mess, lemon meringue pie etc.

Don't forget carers are welcome no matter their age or number. You can bring the family if you like.



Activity Cafe

Tuesday 17th March, 21st April 9:30-12:30 £7 per head

The Artfulhub will be leading a craft activity every month. This is open to everyone and is good for beginners and improvers. The idea is to try something new. Paper weaving and wool murals are coming up.

Transport for those in Windsor can be provided on a first come first served basis.

Bookings is essential, please call, email or speak to one of the staff and please remember that we are not open on Mondays so booking by the Friday for Tuesdays. Carers, friends and family are welcome to come along if you don't want to come on your own. To book please call 01753 860685 or email info@ageconcernwindsor.org.uk

Day Service

Windsor Wed-Fri 9:30-14:30

We bring a social feel to the day with morning coffee and chat before settling to a morning activity, three course lunch and then afternoon activity. We always have a loose theme to help plan activities but sometimes it's just where the mood takes us. Too hot and we're in the garden for ice cream. Feeling energetic and it's balloon tennis, skittles or bean bags games.

To engage with this service we suggest booking a appointment with one of our friendly staff to talk through what you are looking for and if it will suit you. Best times to visit are 10:30 and 13:30 Wednesday through Friday, to book a visit please call 01753 860685 during office hours or email info@ageconcernwindsor.org.uk



Afternoon Tea with Tunes on the 4th Tuesday of the month

24th March and 28th April 13:00-15:00 £8 per head

We have a variety of different entertainers including things like jazz and swing, 60's and 70's. Most dietary requirements can be met with some advance warning including some very nice gluten free options.

Transport for those in Windsor can be provided on a first come first served basis.

Bookings is essential, please call, email or speak to one of the staff and please remember that we are not open on Mondays so booking by the Friday for Tuesdays. Carers, friends and family are welcome to come along if you don't want to come on your own.

Support Services

Meals on Wheels

This is running Tuesday through Friday with a variety of different meals including a roast dinner, Beef Stroganoff, minted lamb, beetroot burger, four cheese tortellini, veggie lasagna etc. Desserts can be things like pineapple upside down cake, Alabama fudge cake or fresh fruit.

We also do fun things like pies on National Pie day and Chinese for Chinese New Year.

Most dietary requirements can be accommodated and if you want fresh fruit with every meal you can. Likewise if you don't like carrots we substitute with something different. We are still able to give a discount to those on income or disability benefits. £8.0 full price and £6 discounted. Proof of entitlement is required. We are happy to accommodate short term needs and it can be booked over the telephone.



Handy Person

We are very pleased to say that we now have a Handy persons service available in Windsor. We are working with Age UK Berkshire to run this service that can carry out a range of small household repairs and minor adaptations such as:

- Fitting window and door locks and other security items
- Fitting smoke and CO2 detectors
- Changing light bulbs and replacing small electrical fittings
- Replacing tap washers and carrying out minor plumbing works
- Fitting grabrails and handrails
- Fitting key safes and intercoms
- Draught proofing windows and doors
- Fitting phone extensions
- Carrying out a range of minor repairs -please ask us for details

Handypersons services are booked by contacting Age UK Berkshire who will discuss with you what is needed and if it can be done by this service. They will then book a Handyperson to do this work. This is a chargeable service for residents of Windsor who are over 50 years old, however if you are a vulnerable adult under 50 then please give us a call and we may be able to assist you.

Please contact Age UK Berkshire on [0118 9594242](tel:0118 9594242) or email info@ageukberkshire.org.uk



What's going on in and around Windsor

We have a Community Calendar on our Website so if you're looking for something specific then please take a look and see what's coming up. [Community Calendar](#) if you have something you'd like to add or a correction to an event on our calendar then please let us know.

Social Groups /Events

Craft for Seniors

While I haven't seen this on People to Places Website it is on their Facebook Feed.

They are running free craft for senior's sessions at the Nicholson Centre in Maidenhead. They are providing transport to and from and the Artful Hub are providing the crafts.



Arts, Bites, Crafts at St Mark's Crescent Methodist Church

On the 4th Monday of the month this group is help 10:00-12:30 and covers a range of things. The last activity I saw advertise was learn or improve water colour painting. There is no information how whether you need to book so [please see their website here](#) if you want to get in contact and see what's going on.

Groups for those with more Care needs

Dementia Cafe Slough

While there are not many things happening in Slough I found this Dementia Cafe hosted by Oak House Care home. It runs on the Last Wednesday of each month 10:30-12:00 YOU can reserve a place through [there website here](#).

Over 65's- Thyme together- Five a day

The Thyme Together project is described by them as a friendly social group for seniors with a focus on activities that enhance health and wellbeing in a natural garden environment. Run on Thursdays, Thyme Together is an inclusive group which incorporates many aspects of therapeutic horticulture and is comprised of attendees who face a range of issues, from limited mobility, sensory impairment, to cognitive issues, and feelings of social isolation. They are advertised as free sessions running Thursdays 10am-12pm & 1-3pm and are held in the garden from April to November, in a covered area over the winter period. While this is a little out of the area they are based in Englefield, Please see their [website for more details](#)

Dementia Care Advisors

[They provide a point of contact for advice and support for those with a diagnosis of Dementia. You can contact them direct on tel: 01628 683715.](#) They also run a number of drop in session in the area and are starting a new one in Windsor at All Saints Church, Dedworth Road on the last Thursday of the month 10:30-11:30. This session is in partnership with Young People with Dementia and is open to anyone who has been or is affected by Dementia.

Organisations and groups where you can find support

Hospital Transport by People to Places

We often get asked by people about how are they going to get to a medical appointment or to hospital appointments so I am very pleased to say that People to Places now have a dedicated hospital transport service. It supports those with limited mobility and can take people to a variety of hospitals regardless of your home address but within reason. Hospitals currently in the scheme are Wexham Park, Royal Berkshire, Heathwood, St Marks Hospital, The Princess Margaret Hospital, Upton Hospital, Kind Edward vii Hospital and Bracknell Healthspace. Please see [their website for more details](#)

Windsor Talking Newspaper

The talking newspaper collates news times from all over RBWM and records the stories on a USB stick to deliver. This service is free of charge and can be accessed by contacting them at info@windsortalkingnewspaper.uk or signing up on their [website](#)

Information and advice, help and support with benefits.

Age UK Berkshire can provide support for enquiries regarding benefits, help and support within the area. Call [0118 95994242](tel:011895994242) email info@ageukberkshire.org.uk
Maidenhead and Windsor Citizens Advice can also help to book an appointment, ask a question then call [03444 111 444](tel:03444111444)

Home From Hospital services

If you or a loved one is coming out of hospital don't forget to talk to the discharge team about home from hospital services. These can give some extra free support for those first few weeks out of hospital.



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